Native American 10 Commandments

The Earth is our Mother, care for her

Honor all your relations

Open your heart and soul to the Great Spirit

All life is sacred; treat all things with respect

Take from the Earth what is needed and nothing more

Do what needs to be done for the good of all

Give constant thanks to the Great Spirit for each new day

Speak the truth; but only of the good in others

Follow the rhythms of nature; rise and retire with the sun

Enjoy life's journey, but leave no tracks